

CJ McClanahan

Speaker, Advisor, Recovering Overachiever

A few years into my professional journey, I came to the revelation that the standard measurements of success aren't delivering what we really want – happiness, satisfaction and, most importantly, joy.

I've spent the last 19 years uncovering exactly what brings us what we truly crave. My goal is to delight and engage your audience while delivering tangible strategies to rise above the chaos and focus on a healthier lifestyle *without* sacrificing their ambitions.

It's time to develop a healthier perspective about success and get more joy from the journey.



About CJ

CJ McClanahan is a sought-after speaker, author and advisor. Since 2003, he's spent more than 10,000 hours in front of entrepreneurs, executives and their teams helping them achieve personal and professional breakthrough goals.

However, no matter how much success his clients achieved, few ever seemed to truly enjoy the journey. It didn't matter if they doubled their income or became CEO - it never seemed to be enough.

CJ has spent the last 19 years uncovering strategies to help fellow recovering overachievers get more satisfaction and joy in their lives while still achieving their professional goals.

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